Dear Readers,

Consider the following fable ("Monkeys on a trip") by Italian writer Gianni Rodari:

One day the zoo monkeys decided to make an educational trip. They walked and walked, then they stopped and one asked:

- What do you see?
- The lion’s cage, the seals’ pool and the giraffe’s house.
- What a big world, and how instructive is travelling.

They started again their journey and stopped only at midday.

- What can you see now?
- The giraffe’s house, the seals’ pool and the lion’s cage.
- What a strange world and how instructive is travelling.

They started travelling again and stopped at sunset.

- What is to be seen?
- The lion’s cage, the giraffe’s house and the seals’ pool.
- What a boring world; you always see the same things. And travelling is no use at all.

Of course! They travelled and travelled, but they had not gotten out of their cage and did nothing but going round and round as do the horses in a merry-go-round.

Sometimes, we too do not explore beyond the technique we use daily for our treatments because we think it is the only one possible and the best solution for each situation. But read on to see that it is not so…

We have to put a great deal of effort into pushing past the limitations we set ourselves, to change our minds and to look for and find what is good and positive in the work of our peers. And that will be the key to our success! This issue of ortho contains some interesting and original approaches for you to consider and learn from and perhaps even apply in your practice!

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